

Speaking to Clutter

A Creative Listening Discernment Session facilitated by Glasgow Friend and passionate declutterer Zem Moffat.

Elmbank Meeting House

1-5pm Sunday 17th November, 2013

The media portrayal of hoarders is often indecent and always distressing. Closer to home, most of us know of someone who is affected by clutter. Maybe it is an elderly friend living alone, who ought to move for health reasons, but can't because they have too much stuff that they can neither physically move or emotionally let go of; or alternatively it is a busy friend who is not coping with the emails, mail and circulars that arrive unbidden each day, causing their daily rhythm to slow down and them to become depressed; or maybe it is someone whose books, clothes and beloved collections are overwhelming their loved ones, those whom they share space and/or time with. Or maybe this is us.

What do the Quaker Testimonies of Peace, Truth, Simplicity, Equality and Sustainability have to say to such sufferings? What Advices and Queries can we draw from personal experience?

Zem Moffat invites all to this *Creative Listening* discernment session on Clutter. It will be an afternoon of sharing and mutual learning, out of which she hopes will come some useful advices that can then be circulated further afield.

If you can and would like to come, please express your interest to Zem (in person, by phone or email) in good time. It falling on the third Sunday of the month, it follows the shared lunch after Meeting, so it will be good to be aware of numbers!

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